



Beta3-Adrenergic Receptor (B3AR) Activation Induces Estrogen Receptor Beta (ERβ) and Improves Mitochondrial Metabolism in Adipocytes

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Abstract

In vivo, estrogen receptor beta (ERβ) activation protects against obesity and white adipose tissue (WAT) dysfunction. Mechanisms are unknown, but we hypothesize that it involves adipocyte-specific mitochondrial activity via induction of OXPHOS and UCP1—proteins that characterize WAT “browning,” a process sufficient to rescue metabolic dysfunction. In cancer cells, increasing mitochondrial ERβ increases OXPHOS transcription and mitochondrial activity via a mechanism requiring mitochondrial transporter, GRP75. We sought to determine whether this mechanism applies to adipocytes *in vitro*, and the potential *in vivo* implications. In wild type (WT) mice, the adipocyte-specific B3AR ligand, CL316,243 (CL) induced WAT UCP1 and ERβ protein (Western blot), and GRP75 mRNA (qPCR) (all n=10/grp, P<0.05). In primary adipocytes from WT mice (n=3/treatment), CL increased UCP1 (~2-fold; P<0.05) and ERβ protein (~4-fold; trend, P=0.097). *In vivo*, we show that adipocytes harvested from mutant mice missing ERβ DNA binding domain (ERβ_{DBD}KO) display suppressed mitochondrial O₂ consumption (via Oroboros; n=6-8/grp, P<0.05). We next tested whether ERβ_{DBD}KO mice would have impaired exercise-induced WAT browning. Remarkably, unlike WT (~3-fold UCP1 increase; P<0.05), ERβ_{DBD}KO mice were nonresponsive to exercise induction of UCP1 protein in WAT. Taken together, our data support a critical role for adipocyte ERβ in mediating lipolysis driven mitochondrial responses. We hypothesize that the mechanism involves GRP75. Identifying the mechanism by which ERβ enhances adipocyte mitochondrial activity has enormous potential to treat a spectrum of metabolic diseases.

Methods

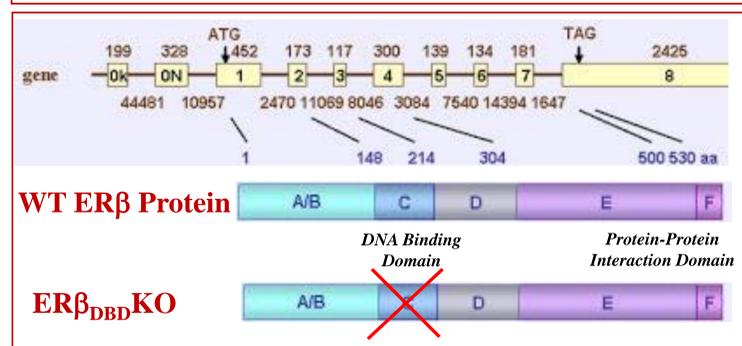
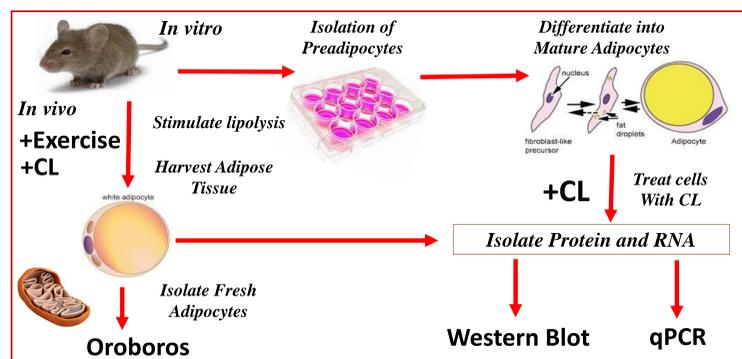
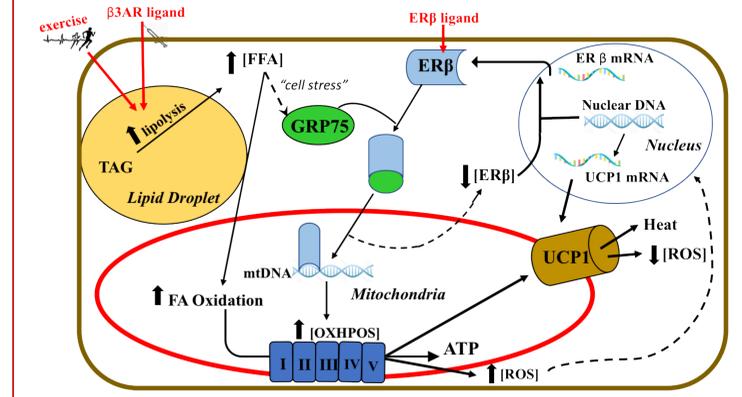


Figure 1. Hypothetical Mechanism Exercise or CL-induced activation of the β₃ adrenergic receptor → increased [FFA] → induction of GRP75, a known heat shock and mitochondrial transporter protein → recruitment of ERβ to the mitochondria. It is this mitochondrial sequestration of ERβ that drives the increase in total ERβ. In the mitochondria, ERβ increases the transcription of the mitochondrial encoded OXPHOS subunits, facilitating the increased demand for FA oxidation. The increase in aerobic metabolism leads to production of reactive oxygen species (ROS), which triggers the nuclear transcription and mitochondrial localization of UCP1, known to buffer ROS production.



Background

- Adipocyte metabolic dysfunction has been implicated in several diseases.
- Estrogen receptor alpha (ERα) is known to protect adipose tissue (AT) from insulin resistance (Figure A) but the role of ERβ within AT is not well understood.
- The B3-adrenergic receptor agonist, CL314,243 (CL) leads to induction of UCP1 (Figure B), a process sufficient to rescue AT insulin resistance (Figure C).
- The ERα knock-out (ERαKO) model is more susceptible to CL-mediated UCP1 induction; the mechanism is unknown but may involve ERβ.
- In the ERαKO, ERβ may protect against OVX-induced obesity and adipocyte dysfunction (Figure D)
- In vivo*, CL increases the expression of ERβ (Figure E), implicating ERβ as a potential mechanism by which CL induces UCP1 and rescues metabolic dysfunction.

Study Aim: Determine the role played by ERβ in lipolysis-mediated induction of UCP1 and subsequent improvements in adipocyte mitochondrial function. The hypothesis is that stimulation of lipolysis by both exercise and CL will lead to an increase in UCP1, ERβ and the mitochondrial transporter protein, GRP75 (see Fig. 1).

Results

- We demonstrate for the first time, *in vitro* that CL increases UCP1 and ERβ protein expression (Figure F and G).
- In vivo*, like CL (i.e., chemical induction of lipolysis), exercise (EX) induces AT UCP1 (Figure H), but not in the ERβ_{DBD}KO, demonstrating that ERβ is required for EX-induced UCP1, and thus may be critical for lipolysis-mediated adaptations in adipocyte metabolism.
- ERβ_{DBD}KO mice have suppressed mitochondrial O₂ consumption compared to WT, whereas CL increases mitochondrial respiration in both genotypes (Figure I).
- In vivo*, in addition to increasing mitochondrial activity and UCP1, CL increases gene (Figure J) and protein (Figure K) expression of WAT GRP75.

Conclusions

- CL significantly upregulates UCP1, mitochondrial O₂ consumption, and protein levels of ERβ and GRP75.
- ERβ_{DBD}KO mice have suppressed basal mitochondrial O₂ consumption, yet are more susceptible to CL-mediated increases in O₂ consumption.
- Future studies will:**
 - Determine if this is due to an increase in an alternative ERβ sliceform with a more pronounced C-terminal protein interaction domain;
 - Determine the subcellular (i.e., mitochondrial vs. cytosolic) localization of ERβ in response to CL;
 - Further interrogate the molecular mechanism by studying the effects of CL in the absence of ERβ and/or GRP75 using molecular techniques to knockdown respective genes.

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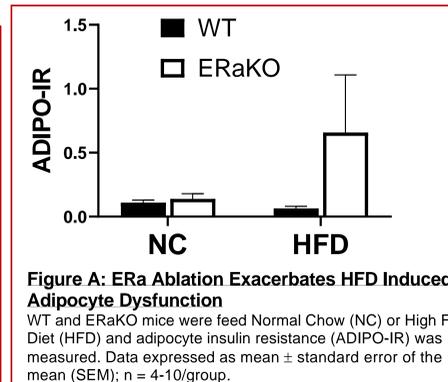


Figure A: ERα Ablation Exacerbates HFD Induced Adipocyte Dysfunction
WT and ERαKO mice were fed Normal Chow (NC) or High Fat Diet (HFD) and adipocyte insulin resistance (ADIPO-IR) was measured. Data expressed as mean ± standard error of the mean (SEM); n = 4-10/group.

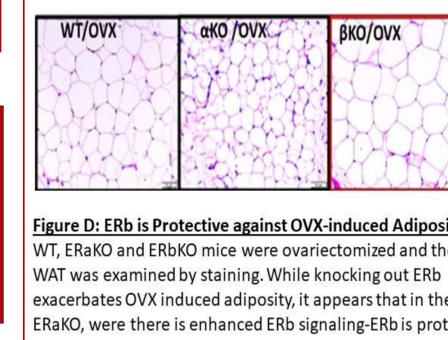


Figure D: ERβ is Protective against OVX-induced Adiposity
WT, ERαKO and ERβKO mice were ovariectomized and their WAT was examined by staining. While knocking out ERβ exacerbates OVX induced adiposity, it appears that in the ERαKO, there is enhanced ERβ signaling-ERβ is protective.

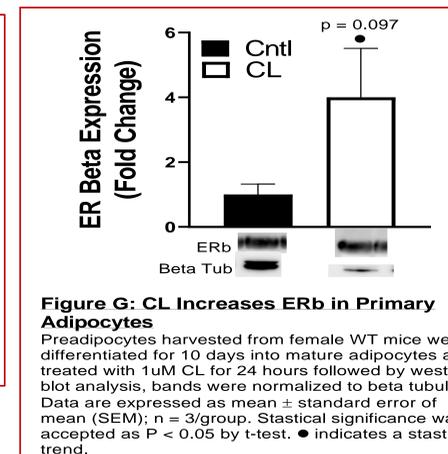


Figure G: CL Increases ERβ in Primary Adipocytes
Preadipocytes harvested from female WT mice were differentiated for 10 days into mature adipocytes and treated with 1μM CL for 24 hours followed by western blot analysis, bands were normalized to beta tubulin. Data are expressed as mean ± standard error of mean (SEM); n = 3/group. Statistical significance was accepted as P < 0.05 by t-test. ● indicates a statistical trend.

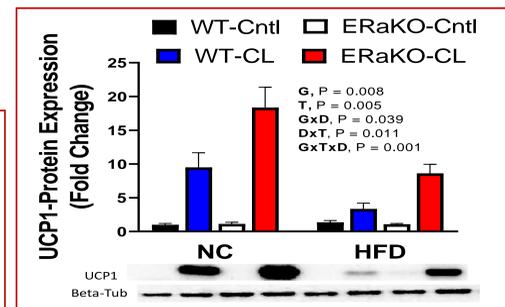


Figure B: CL Induces UCP1 in SQAT in ERαKO and WT mice
HFD and NC fed mice were treated with CL for 2 weeks. UCP1 protein expression was measured using Western Blot analysis and normalized to beta-tubulin. Data are expressed as mean ± standard error of mean (SEM); n = 4-10/group; Significance for main effect or interaction was accepted as P < 0.05. G=main effect of genotype; T=main effect of treatment; GxT=interaction between genotype and diet; D=main effect of diet; GxD=interaction between genotype, treatment and diet.

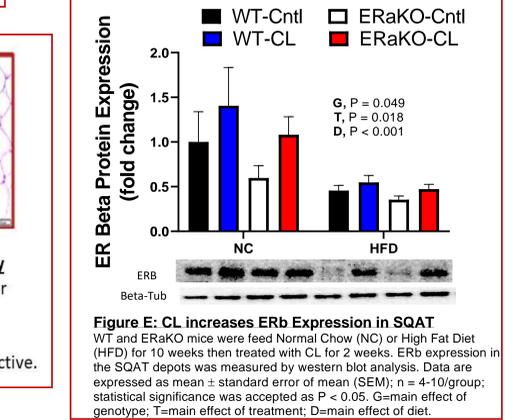


Figure E: CL increases ERβ Expression in SQAT
WT and ERαKO mice were fed Normal Chow (NC) or High Fat Diet (HFD) for 10 weeks then treated with CL for 2 weeks. ERβ expression in the SQAT depots was measured by western blot analysis. Data are expressed as mean ± standard error of mean (SEM); n = 4-10/group; statistical significance was accepted as P < 0.05. G=main effect of genotype; T=main effect of treatment; D=main effect of diet.

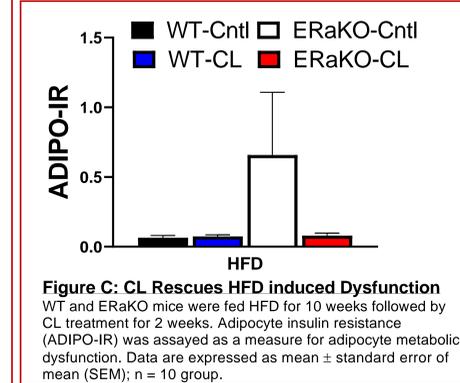


Figure C: CL Rescues HFD Induced Dysfunction
WT and ERαKO mice were fed HFD for 10 weeks followed by CL treatment for 2 weeks. Adipocyte insulin resistance (ADIPO-IR) was assayed as a measure for adipocyte metabolic dysfunction. Data are expressed as mean ± standard error of mean (SEM); n = 10 group.

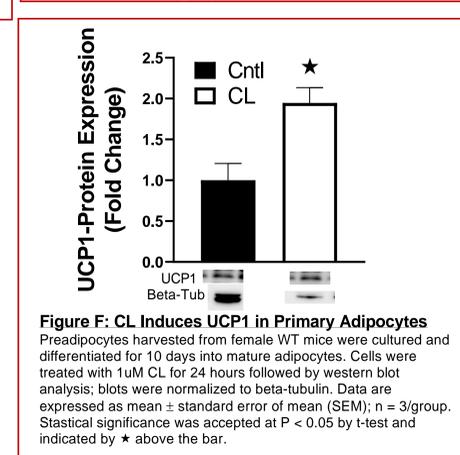


Figure F: CL Induces UCP1 in Primary Adipocytes
Preadipocytes harvested from female WT mice were cultured and differentiated for 10 days into mature adipocytes. Cells were treated with 1μM CL for 24 hours followed by western blot analysis; blots were normalized to beta-tubulin. Data are expressed as mean ± standard error of mean (SEM); n = 3/group. Statistical significance was accepted as P < 0.05 by t-test and indicated by * above the bar.

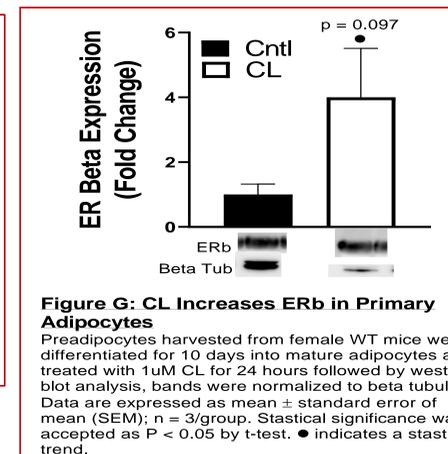


Figure H: ERβ is Required for EX-Mediated Browning
Female WT and ERβDBD KO mice were fed a HFD and OVX at 14-15 weeks of age. Upon recovery they were split into two groups: sedentary (SED) or Exercise (EX). SED mice had a locked wheel, whereas EX mice had voluntary wheel running. Treatment lasted for 8 weeks. UCP1 protein expression within WAT was measured by western blot analysis, bands were normalized to beta tubulin. Data expressed at mean ± standard error of mean (SEM); n=10/group. Statistical significance was accepted as P < 0.05 by 2-way ANOVA and indicated by *.

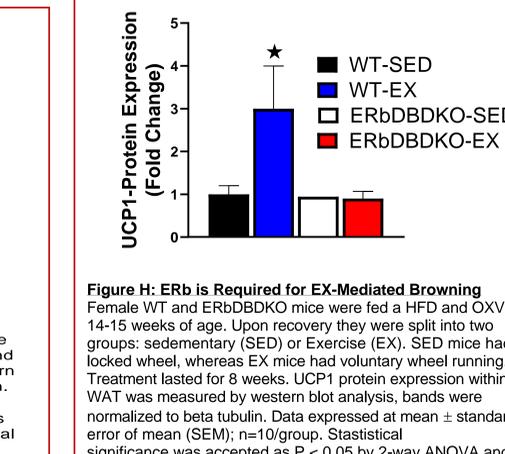


Figure I: ERβDBD KO Mice have Impaired Mitochondrial O2 Consumption
Freshly isolated mitochondria from male and female WT and ERβDBD KO mice were analyzed via Oroboros to measure O₂ consumption. Data are expressed as mean ± standard error of mean (SEM); n = 6-8/group. Statistical significance was accepted as P < 0.05 by t-test. ● indicates main effect of genotype. The succinate group and FCCP group were trending toward significant genotype effects, with P = 0.1 and P = 0.15, respectively. Significant main effects of treatment are indicated by * and corresponding P values displayed below each group.

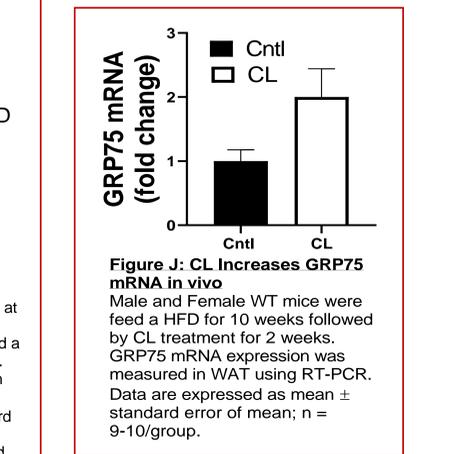


Figure J: CL Increases GRP75 mRNA in vivo
Male and Female WT mice were fed a HFD for 10 weeks followed by CL treatment for 2 weeks. GRP75 mRNA expression was measured in WAT using RT-PCR. Data are expressed as mean ± standard error of mean; n = 9-10/group.

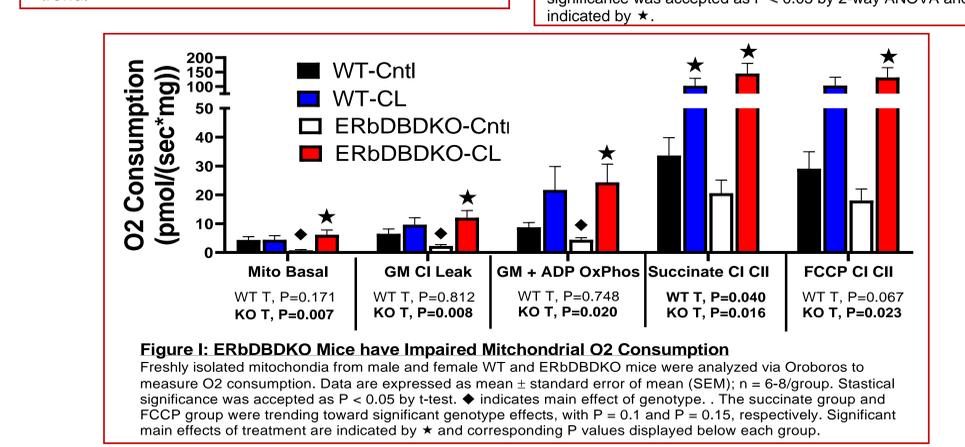


Figure K: CL Increases GRP75 Protein in WT and ERβDBD KO Mice
Male and Female WT and ERβDBD KO mice were fed a HFD for 10 weeks followed by CL treatment for 2 weeks. GRP75 protein expression within WAT was measured using western blot analysis. Data are expressed as mean ± standard error of mean. n = 16-17/group. Statistical significance was accepted as P < 0.05 and indicated by *.