

WELL-BEING IMPLICATIONS OF COVID-19: A MIXED-METHODS STUDY OF THE UNIVERSITY OF MISSOURI STUDENTS

Paige Smith

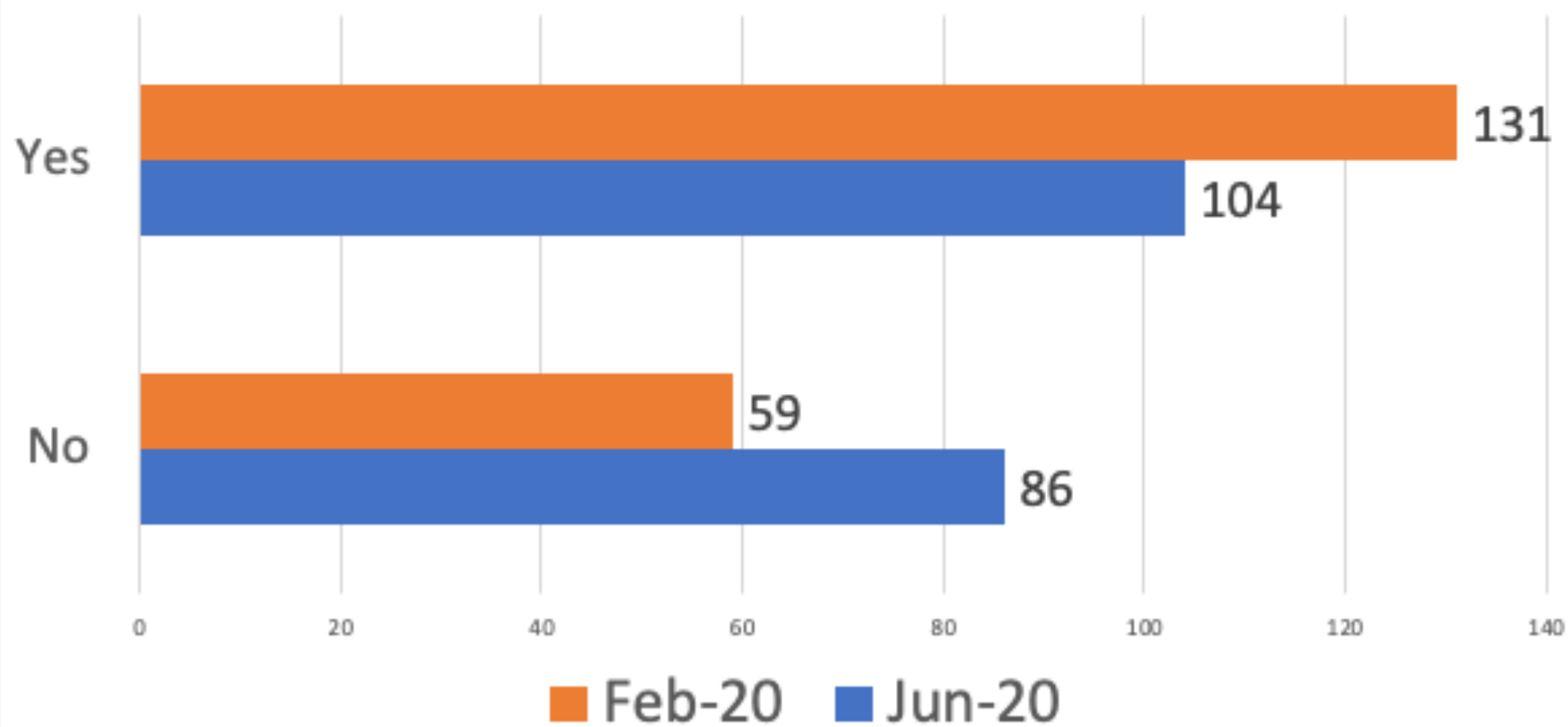
Dr. Enid Schatz

BACKGROUND

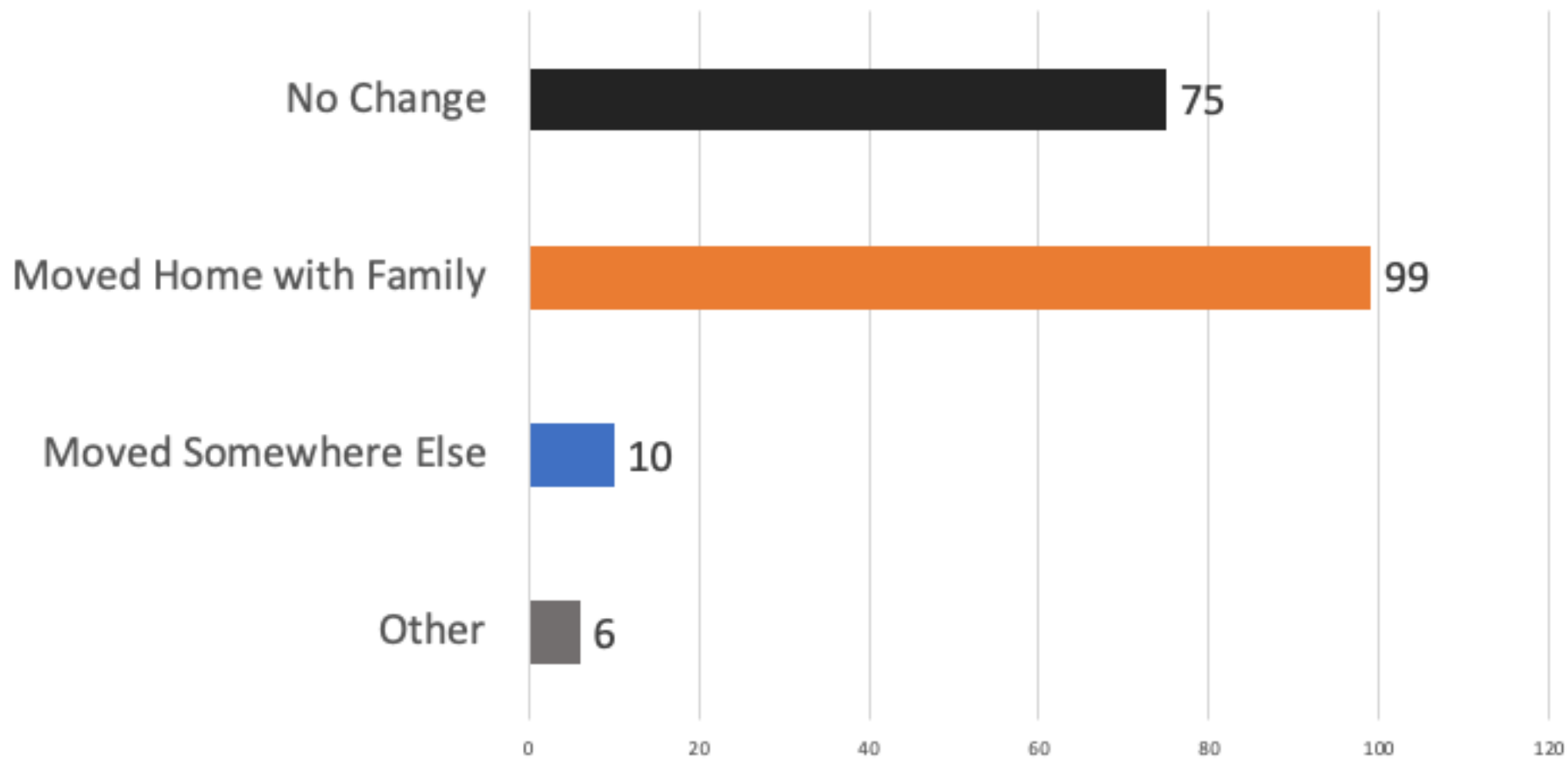
- The COVID-19 pandemic has uniquely impacted college students' mental health and well-being.
- 8 week longitudinal mixed-methods study
- Questions on:
 - Employment
 - Living Arrangements
 - Relationships
 - Food Access
 - Physical and Mental Health

PRELIMINARY RESULTS

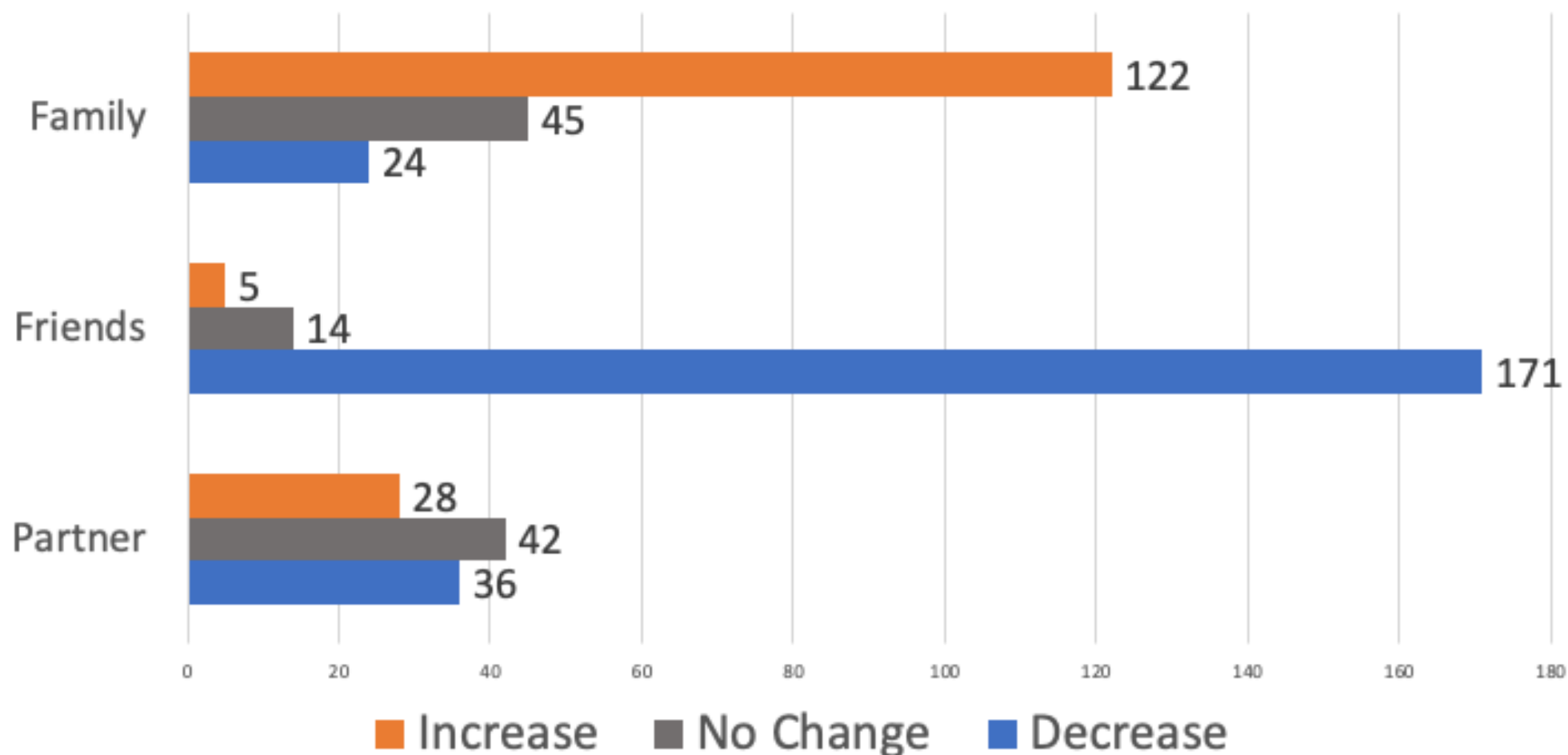
Employment



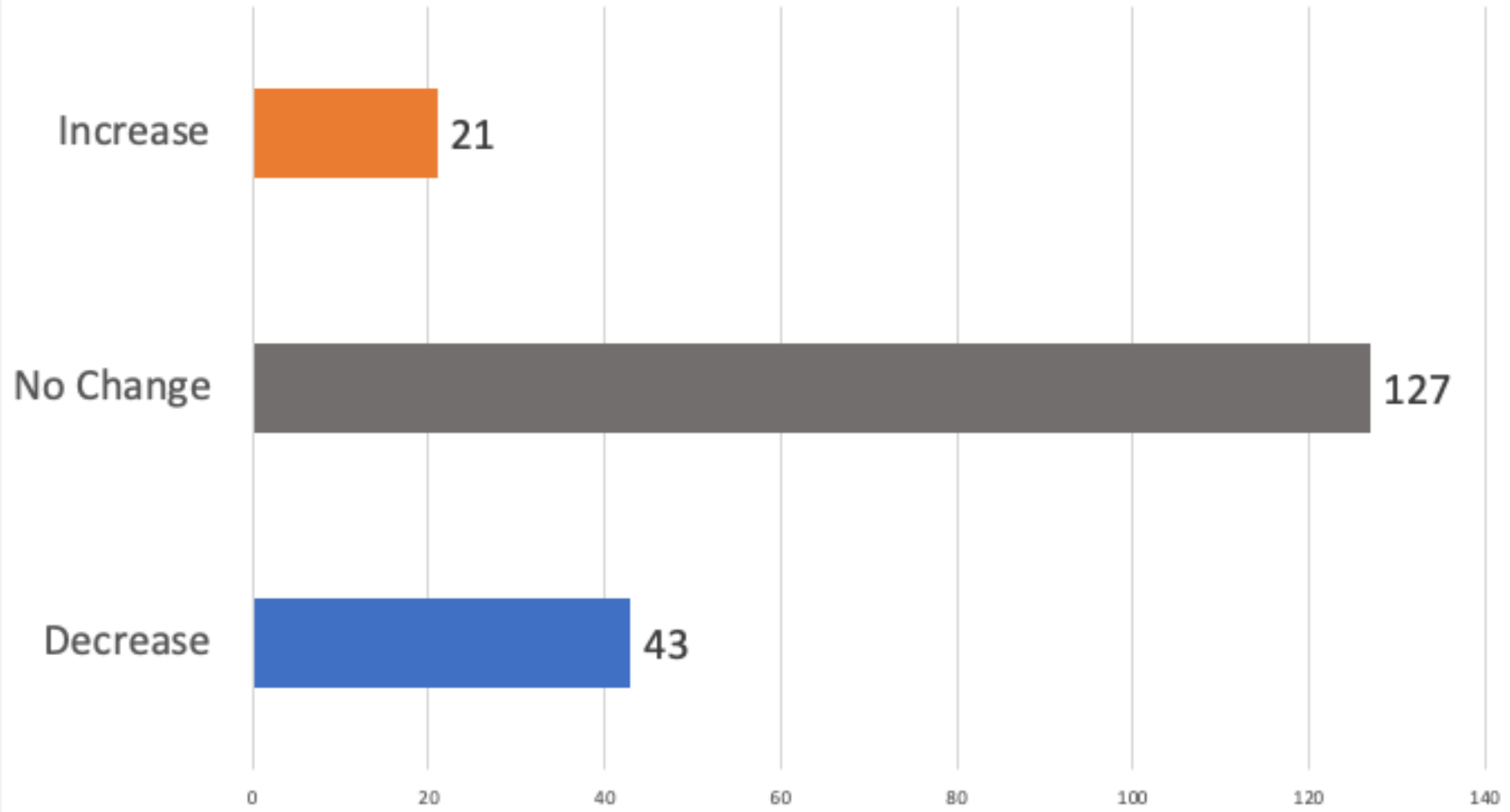
How have your living arrangements changed since the beginning of the pandemic?



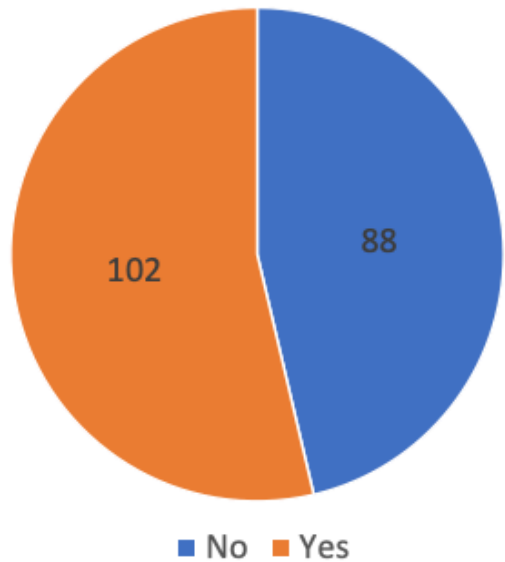
Change in Time Spent with Family, Friends, and Partner



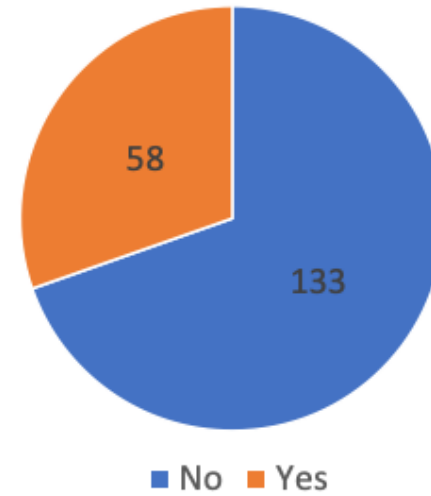
Change in Food Security



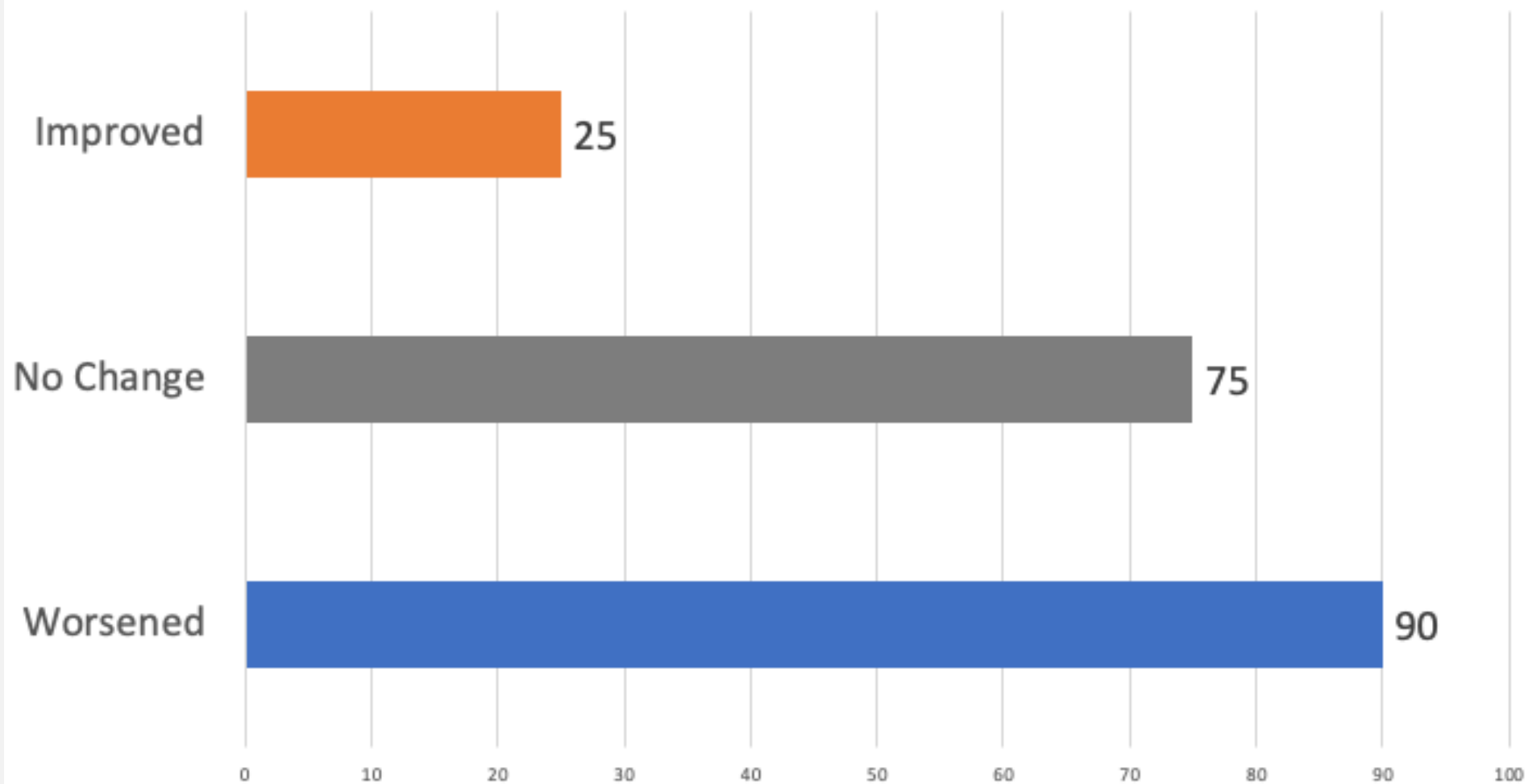
Have you canceled or not scheduled an appointment you would have had between February and June 2020?



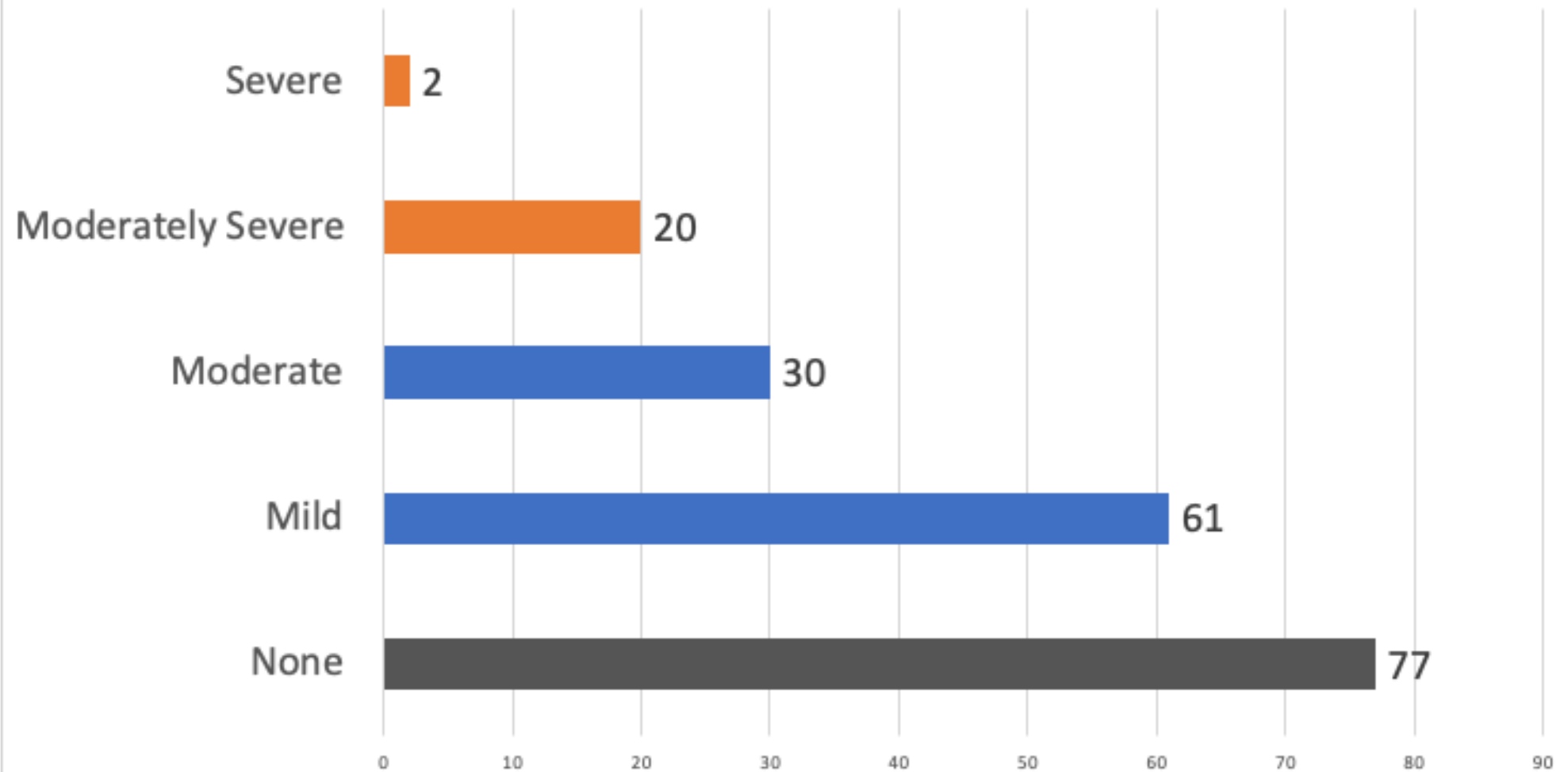
Has your health care provider cancelled an appointment you would have otherwise had between February and June 2020?



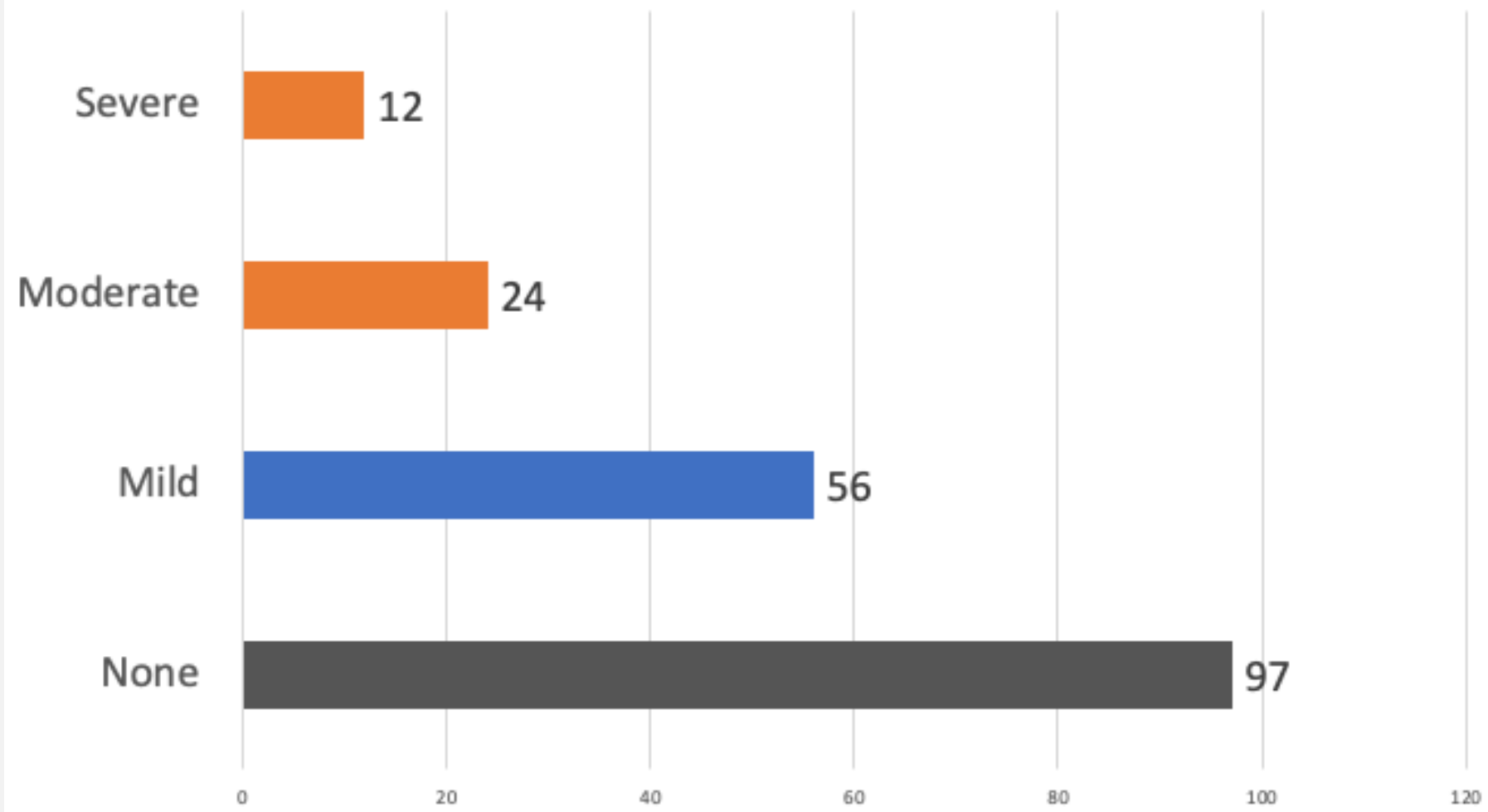
Change in Mental Health Rating



PHQ-9 (Depression) Score



GAD-7 (Anxiety) Score



NEXT STEPS

- Preliminary Results Report to faculty and administration
- Statistical analysis on baseline survey data
- Weekly surveys
 - Qualitative analysis
 - Photo voice

ACKNOWLEDGEMENTS

- Cherng Summer Scholars Program
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