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Trans Health in America: Discrimination and Exclusion in Healthcare

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The topic of transsexuality has often been an issue of discussion in the healthcare field. With discrimination and exclusion exhibited in the medical field, trans patients often find themselves struggling to gain acceptance and adequate health care from doctors that respect their identities. The purpose of my research was to discover the adverse health effects that trans patients receive in medical care *and* in situations surrounding the topic of medical care (such as trans people in the military). Trans patients face a variety of adverse health effects because of their identity and are often discriminated against and feel excluded in medical care facilities. Through my research of peer reviewed and scholarly articles along with firsthand interviews I have gathered information about trans health and how medical facilities treat trans individuals. I will also address steps needed to create a more inclusive healthcare field for trans patients. Results and conclusions will be presented at the Forum.